

Skills Development Support

- One to one support for parents with children aged 0-19 (25 if SEND) who are interested in building confidence, or support to access adult learning, volunteering, employment, or a career change
- We help parents identify interests & future goals and match them to opportunities in their local area, offering encouragement and support throughout their journey
- We recruit volunteers to support the work of Children's Centres where this is part of a parent's skills development pathway

You can refer parents into our service by emailing or telephoning your Skills Development Officer. (Email beststart@eyalliance.org.uk to request contact details of your local Skills Development Officer).

Or you may prefer to handhold them to our virtual session:

Skills 'How can we help?'

Every Tuesday morning 10.15 – 10.45

Meet your local Skills Development Officer over ZOOM and find out more about the 'Skills' service & how we can help.

To book a place [click here](#) , by clicking here you will be redirected to ZOOM.

'Chat & Chill' virtual session

A relaxed weekly session run by parent volunteers. This virtual get together allows parents to meet other parents.

Often parents share similar parenting experiences and challenges, having the opportunity to meet other families and offer support to each other makes the parenting journey more enjoyable. Activities will be shared to keep little ones busy and having fun!

Every Tuesday 10.30 to 11 o'clock (term time only)



To book a place [Click Here](#) , by clicking here you will be redirected to ZOOM.

Opening Doors to Employment Course

Informal virtual employability course. Ideal for parents struggling to find work and in need a helping hand and moral support. 4 x 1 hr sessions. By the end of the course parents will:

- Have an up to date CV & cover letter
- Recognise skills & attributes gained through parenting & how these transfer to the workplace
- Know how and where to successfully apply for work
- Feel confident with what to expect during an interview and with the types of questions they could expect to be asked
- Receive wrap around support from their local Skills Development Officer

To find out more or book a place email:

beststart@eyalliance.org.uk (we need parents full name, child/ren full name, postcode, mobile number, and course name)

Early Years Support

We can introduce parents of 0-5's to our Best Start Early Years' service. Or if you prefer, contact the team direct to enquire about our sessions or Home Learning for 0-5s please email the appropriate email address:

eastl@eyalliance.org.uk

bostonsh@eyalliance.org.uk

lincolnwestlindsey@eyalliance.org.uk

northsouthk@eyalliance.org.uk

GROW YOUR OWN CONFIDENCE COURSE



Find ways to build confidence and overcome some of the challenge's life throws at us and start enjoying life a little more. This virtual course helps take the 'Con' out of **Confidence** – it helps us realize that everyone struggles with confidence at some point in their lives, whether it is obvious to other people or not.

Friday mornings 12.30 to 1.30 p.m. for 4 weeks.
(Spaces are limited).

To find out when the next course is available and to book your place email: beststart@eyalliance.org.uk (we need parents full name, child/ren full name, postcode, mobile number and course name)

